



Module 1 Newsletter

September 2025

Reception

Welcome to Reception! We hope that you all had a good rest and are ready to start the new term.

Our new Unit of Inquiry:

Theme: How We Express Ourselves

Central Idea: **Expressing and managing feelings strengthens positive relationships.**

The lines of inquiry we will explore are:

- Friendships (form)
- Ways we express different feelings (perspective)
- Impact of others' actions on a person's feelings. (responsibility)

Literacy:

What we will do: Sing a wide range of nursery rhymes and songs. Explore a range of stories including 'The Colour Monster' and 'Ruby's Worries'. Focus on recognising our names and learn to write them using the correct letter formation.

You could support by: Practise writing in lots of fun and exciting ways, such as in sand or flour, with chalk and paint, ensuring that the letters are made the correct way. Singing nursery rhymes and enjoying story books at home and visiting the local libraries.

Physical Development:

What we will do: Talk about how to use the toilet appropriately and how we keep good hygiene. Practise using a fork independently to feed ourselves at lunchtime. Talk about healthy eating at snack time.

You could support by: Encouraging your child to get dressed by themselves into their uniform and pyjamas. Remind them of hygienic routines such as flushing the toilet and washing our hands.

Maths:

What we will do: Explore what we already know about shapes and colours, naming, matching and comparing them and describing what they look like. Sing number songs, practising number order and showing amounts on our fingers.

You could support by: Practise counting to 10 and above, pointing to objects one by one and showing different amounts on their fingers. Encouraging your child to look for shapes in the environment and talk about what they look like.

Communication and Language:

What we will do: Practise our listening skills through games, repeating musical sequences and following instructions. Identify and discuss the similarities and differences between ourselves and others.

You could support by: Playing games that encourage listening, such as identifying environmental or animal sounds and repeating clapping patterns. Talking about how people are similar and different to each other.



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Creative Arts and Design:

What we will do: Create self-portraits, looking carefully at our facial features. Explore colours and learn how to mix them to make new colours.

You could support by: Looking for different colours in the environment and naming them together. Use a range of media such as paints, pens and chalk to mark-make. Discuss how to make new colours such as green, orange, purple and pink.

Understanding the World:

What we will do: Talk about ourselves, our likes/dislikes. Share about our families and events that we have enjoyed in the past. Provide opportunities for home corner role play.

You could support by: Talking about who is in your family, where they originate from, your culture and faiths. Giving your child time to support you in home routines such as in the kitchen, cooking and cleaning.

Personal, Social and Emotional Development

What we will do: Explore different emotions and discuss how we can use a range of strategies to manage them appropriately.

You could support by: Discussing how your child feels, encouraging them to express their feelings and practise using strategies such as counting down or finding a calm place. Looking at other people's body language and discussing how emotions can be portrayed through the body.

Home reading: Children are expected to read at home for pleasure at least three times a week. The page numbers need to be recorded in their reading records three times and there needs to be at least one written comment per week.

Key Dates

September 8 | Curriculum meeting in class - 3:30pm
October 16 | Trip to Oxleas Woods
October 20 | Half term
November 3 | Back to school

REMINDERS- PLEASE LABEL ALL OF YOUR CHILD'S BELONGINGS.

- Your child must come to school in their uniform each day.
- Your child needs to wear their P.E kit to school on Reception's P.E day- **Monday**.
- Children are not allowed to wear jewellery at school and are only permitted to wear small stud earrings.
- Please bring in a water bottle with your child's name clearly on it each day.